

## Abstract Submission Form

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### ABSTRACT INFORMATION

<b>Abstract Title</b>			
<b>Presentation Type</b>	<input type="checkbox"/> Oral Presentation	<input type="checkbox"/> Poster Presentation	
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<b>Topic Category</b>	<input type="checkbox"/> Adipocytes & Adipokines	<input type="checkbox"/> Child Obesity	
	<input type="checkbox"/> Cell & Molecular Metabolism	<input type="checkbox"/> Interventional Studies for Obesity	
	<input type="checkbox"/> Epidemiologic Research & Genetics	<input type="checkbox"/> Regulation of Energy Balance	
	<input type="checkbox"/> Metabolic Syndrome & Comorbidities	<input type="checkbox"/> Others	
	<input type="checkbox"/> Body Composition & Methodology		

### ABSTRACT SAMPLE

#### A MULTIDISCIPLINARY APPROACH TO OBESITY MANAGEMENT: HOW CAN IT BE MADE MORE EFFECTIVE?

**Yong Seong Kim<sup>1</sup>, Chang Beom Lee<sup>2</sup> and Cheol Young Park<sup>3</sup>**

<sup>1</sup>College of Medicine, Inha University, Incheon 402-751, <sup>2</sup>College of Medicine, Hanyang University, Guri 471-701,

<sup>3</sup>College of Medicine, Hallym University, Anyang 431-070, Korea

The perception of obesity as a chronic disease is likely to encourage the idea that obesity should be managed by lifestyle change, nutrition, physical activity, drug and education. Many difficulties will arise from this approach because of factors such as the large numbers of affected patients, the inadequacy of health professionals' training, negative cultural views of obesity, and the inadequacy of financing (ie, health insurance, etc.). Pressure of time in the consultation, a lack of appropriately-trained primary care staff, a shortage of immediate dietitians or nutritionists, all these factors to make practitioners, other team members discourage a step-by-step management. However, much of the care of obese patients can be provided by a nonphysician primary obesity provider or team with the physician providing selected support services. Modified team care system, using selected specific nonphysician personnel with physicians may offer some new and effective options for the care of obese patients. A multidisciplinary, team approach can make obesity management more effective in Korean obese patients.

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